

# Flores Benefit News



## Over-the-Counter (OTC) Medications and Menstrual Care Products Are Now Eligible!

OTC medication and menstrual care products are now reimbursable from certain tax-advantaged plans, including health care flexible spending accounts (HCFSAs)\*, health reimbursement accounts (HRAs)\* and health savings accounts (HSAs)!

Purchases made retroactive to January 1, 2020 may now be submitted for reimbursement to your plan. You will also be able to purchase these items with your Flores Benefits Card. Retailers will update their point-of-sale inventory systems on a retailer-by-retailer basis. If you attempt a purchase and it is declined, you may file a claim for reimbursement online at [flores247.com](https://flores247.com) or on the [Flores Mobile](#) app.

### Menstrual Care Products Examples

- Tampons
- Pads
- Liners
- Cups
- Sponges
- Similar products used with respect to menstruation

### OTC Medications Examples

- Pain relievers
- Cold, flu, and cough medications
- Acid relievers
- Anti-diarrheals and anti-gas
- Digestive aids
- Allergy and sinus medications

Vitamins, herbs and supplements will still require a written prescription from a physician.

\*OTC medications and menstrual care products will continue to be excluded from limited health care FSAs (LFSAs) that are limited to dental, vision and optional post-deductible expenses only.

\*\*Only applies to HRA plans covering all Section 213(d) expenses.

For assistance determining if an item is eligible for reimbursement or questions about your account, please visit the [Flores247 Web Portal](#) or contact Flores at 800.532.3327.

